



CRISTAL SPA

La Clusaz

SIGNATURE MASSAGE

CRISTAL SPA

AWAKENING OF THE SENSES MASSAGE 55MIN/85MIN € 160 OR € 200

An atmosphere, a music, a fragrance, a massage according to your wishes.
A smoothly awakening with a drink served in your treatment room.

DEEP CRISTAL 50MIN € 160

Complete care for deep muscle work. Ideal for athletes.

COCOONING CARE

HANDS OR FEET 50MIN € 85

Full treatment for a truly experience

ADDITIONAL BASILIC NAIL POLISH

15MIN € 20

OR SEMI PERMANENT

30MIN € 45



FACIAL TREATMENTS

BALINESE FLOWERS 20MIN Express radiance care inspired by Balinese beauty rituals.	€ 75
5 BALINESE FLOWERS 50MIN Global care suitable for all skin type and associated to dermapuncture®.	€ 140
KO BI DO REDENSIFICATION 50MIN Personalized anti-aging facial that prevents signs of aging.	€ 150
KO BI DO GLOBAL ANTI-AGING TREATMENT 80MIN Global anti-aging with lifting and plumping movements.	€ 200

MASSAGES

SCALP AND FACE MASSAGE 20MIN A good compromise for an optimal relaxation in 20 minutes only.	€ 75
TRADITIONAL ORIENTAL 50MIN An Oriental inspired massage to relax and soothe the mind with slow and wrapping movements.	€ 140
SUBLIME POLYNESIAN 50MIN Inspired by Lomi-Lomi massage for an immediate feeling of release from all your tensions.	€ 140
INDIAN AYURVEDIC 50MIN A massage using an age-old Indian ritual to release muscular tension leaving you fully revitalized.	€ 140

CINQ MŌNDES

SCRUBS

AROMATIC WITH SPICES 20MIN

A blend of sea salts and spices according to a ritual from Java to energize the skin leaving it radiant and silky smooth.

€ 75

PAPAYA PURÉE 20MIN

A gentle exfoliating scrub according to a ritual from Siam using papaya and coconut to reveal your inner glow.

€ 75

SUBLIME WITH TAHITIAN MONOI 20MIN

A Polynesian ritual using the noni fruit and Monoi from Tahiti. Ideal for sensitive skins.

€ 75

RITUALS

AYURVEDIC 80MIN

Aromatic Scrub with Spices combined with the Indian Ayurvedic Massage.

€ 195

POLYNESIAN 80MIN

Sublime Scrub with Tahitian Monoi combined with the Sublime Polynesian Massage.

€ 195

*Our 50min Massages and our 80min Rituals are also available in Duet.

EXPERT FACIAL TREATMENTS

PRÉLUDE ALPIN® 50MIN Discovery treatment - A genuine Swiss wellness cure enhanced by the power of plants.	€ 140
PURE HARMONIE® 60MIN Matifying and rebalancing treatment for a healthy and purified skin.	€ 160
FRAÎCHES PRAIRIES® 60MIN Moisturizing and revitalizing treatment for a fresh and radiant skin tone.	€ 160
RICHE MONTAGNES® 60MIN Nourishing and replenishing treatment offering intense skin moisturizing.	€ 160
NEW SKIN PEELING TREATMENT 60MIN Peeling, smoothing and oxygenating care for a glowing youthful and soft skin.	€ 160
UTICELL ANTI-AGING TREATMENT 90MIN State-of-the art anti-aging treatment for ultra-firming care, regenerating and repairing.	€ 200

MASSAGE

ENTRE PICS ET MONTS® 60MIN Deep invigorating massage.	€ 160
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RITUAL



BALADE ALPINE® 80MIN «Cristaux des Prairies» body scrub and «Entre Pics et Monts®» massage.	€ 195
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PACKAGES




LAKE HORIZON 110MIN  60MIN € 260


-  Papaya Purée Scrub and After Sun soothing Massage
-  5 Balinese flowers Facial Treatment

MOUNTAIN HORIZON 110MIN  60MIN € 260






-  «Cristaux des Prairies» Body Scrub and «Gelée de Givre» Body Wrap
-  «Prélude Alpin®» Facial Treatment

LONG STAY ESCAPADE 3 DAYS  60MIN/DAY € 520

-  Cinq Mondes Body Ritual *80min*
-  Alpeor or Cinq Mondes Facial Treatment *80min*
-  Hand and Foot Cocooning Care *110min*

ABSOLUTE ESCAPADE 1 DAY  UNLIMITED € 540

Week-end only.

-  Cinq Mondes Body Ritual *80min*
-  Lunch Break
-  Alpeor Uticell anti-aging Treatment
-  Cocktail according to the inspiration of our Head Barman
-  Hand and Foot Cocooning Care *110min*

RECOMMENDATIONS & INFORMATIONS

To enjoy your treatment to its fullest we invite you to arrive 10 minutes at least before your appointment.

We offer you the access to the wellness area 1 hour prior to your appointment when booking a treatment when booking a treatment at the minimum price of 140€. A bathrobe, slippers and towels will be provided.

Any cancellation or amend to your booking must be made 24 hours prior or will be fully charged. Any delay in your arrival time will reduce the length of the treatment.

All our treatments are accessible to people over 16 years old. For teenagers aged 12 to 16, only 20-minutes facial treatments are available.

The «Awakening of the Senses» Massage and all Alpeor and Cinq Mondes facial treatments are suitable for pregnant women.

Cristal Spa is a unique space of rest and relaxation. For the comfort and wellness of everybody please switch your phone to flight mode.

MEMBERSHIP

Cristal Spa creates for you membership adapted to your needs and wishes.
Our reception is at your disposal for further information.



AU COEUR DU VILLAGE
HOTEL • RESTAURANTS • SPA*****

Every day 10am to 8pm

Winter/Summer Season

26 montée du Château - 74220 La Clusaz
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Our Gift Vouchers are available at Cristal Spa
or on our website

cristalspa.fr

— JOIN US —

