



CRISTAL SPA

LA CLUSAZ



Cristal Spa.

Cristal Spa was created at the hotel Au Cœur du Village**** Relais & Châteaux in La Clusaz in December 2010. 2016 celebrates the arrival of the second spa in Annecy, at the iconic Imperial Palace**** hotel.

The signature of Cristal Spa can only be summed up in a few words:

You are unique

By creating places that invite you to relax, to let go, by associating personalized attention, that is our philosophy. Our therapists trained to achieve the various treatments and massages, bring their knowledge for this moment to become exclusively yours.

The selection of the brands where we imagined the experience in these places was made with a particular reflection.

Alpeor and Phytomer where the protocols are experienced in our cabins and our products are on sale by our advisers, who have been chosen to transform this moment into a unforgettable moment.

And for your immersion in the heart of this bubble of well-being to be total, access to the swimming pool, sauna and hammam is offered before your treatment.

Our Cristal Spas offer treatments in single and double rooms to give you the choice to live the experience alone or accompanied.

Happiness starts here...

Au Coeur du Village • La Clusaz

Nestled in the heart of the 5 star-hotel Au Coeur du Village Relais & Châteaux, Cristal Spa offers 450m² of well-being right in the center of La Clusaz.

From the moment you step inside, you will be seduced by the warm and woody atmosphere that matches the surrounding mountains.

Once you have pushed open the doors, the wellness area reveals itself, with its majestic relaxation pool bathed in large panoramic windows that immediately invite you to immerse and relax yourself. Here, the water comes in all its shapes, with countercurrent swimming, hydrojets and bubble baths.

Upstairs, the mezzanine overlooks the pool and becomes a space for relaxation, the ideal place to enjoy the view of the sky through the roof windows, all snuggled up comfortably in the sun loungers. Nature is so close, and so is relaxation...

The hammam in the shape of a starlit cave, embellished with stone crystals, invites you to continue this experience. It is a place where all your tensions melt away, thanks to the minerals that diffuse a pure and powerful energy and maintain the balance between mind and body. Unless you prefer the dry heat/warmth of our sauna...

The journey continues with the amazing experience of a beauty treatment or massage in the intimacy of the neighbouring massage rooms. Breathe in, breathe out, let go (give up)...



Facial Treatments.

- EXPERT YOUTH 60MIN** € 140
Wrinkle correction treatment to smooth the skin, reduce lines and re-plump the face.
- OLIGOFORCE LUMINATION 60MIN** € 140
Complete global anti-aging treatment that illuminates the complexion, reduces dark spots and smooths wrinkles.
- EXPERT FACIAL CARE 50MIN** € 130
Citylife *freshness and anti-pollution*, Hydra original *plumping thirst-relief with Organic algae* or *Douceur marine comforting and soothing*.
- OLIGOPUR 50MIN** € 130
Cleansing and matifying facial treatment to leave your skin clearer and your complexion fresher.
- CYFOLIA ORGANIC 50MIN** € 130
Plumping treatment face and eye contour for a nice glow and a well moisturized skin. 
- SKIN ESCAPE FOR MEN 50MIN** € 130
Treatment adapted to the needs of the skin: moisturizing, youth or soothing.

As a complement to your facial treatment.

- RELAX BACK 15MIN** € 30
Ultra-relaxing back massage and a gentle slathering of Self-Heating Marine Mud along the spine for total relaxation.
- EYE PERFECTION 15MIN** € 30
Ultra-comprehensive treatment for sparkling, young-looking eyes.

Body massage.

- REMINERALIZING REVITALIZING MASSAGE 50MIN** € 130
Full-body massage, from the top of the head to the toes for an instantaneous rejuvenating effect and relaxation.
- CALIFORNIAN WAVE 50MIN** € 130
A relaxing massage that combines flowing movements with long pressure strokes for complete relaxation.
- TRÉSOR WELLNESS 50MIN** € 130
Ayurvedic-inspired for immediate letting go and relax completely.

Marine scrub as a complement to our body massage.

- TONING BODY SCRUB OR CONFORT BODY SCRUB 20MIN** € 70
A deep body exfoliation for a soft skin. With shower.
- MULTI-SATIN BODY SCRUB 20MIN** € 70
Skin exfoliation for silk skin. Without shower.

Body ritual.

- OLIGOMER SPA[®] 80MIN** € 185
Deeply relaxing and re-energizing treatment which combines a full body exfoliation with a totally encompassing massage.
- SPARKLES OF THE SEA 50MIN** € 130
Full back treatment combining an exfoliation, a relaxing back massage and a self-heating marine mud along the spine.

Escapade.

LAKE HORIZON 130MIN € 250
Marine scrub 20min, Body massage 50min, Facial treatment 50min

Expert Facial Treatments.

- ULTITUDE PREMIUM TREATMENT 80MIN** € 200
Discover the perfection of a regenerating and firming treatment for a glowing youthful skin.
- NEIGES ÉTERNELLES 80MIN** € 190
Smoothing care for a toned and plumped skin with a radiant complexion.
- NEW SKIN TREATMENT 60MIN** € 160
Peeling, smoothing and oxygenating care for a perfect complexion.
- PURE HARMONIE 50MIN** € 140
Matifying and rebalancing treatment for a healthy and purified skin.
- RICHES MONTAGNES 50MIN** € 140
Nourishing and replenishing treatment offering intense skin moisturizing.
- THE PERFECT MAN 50MIN** € 140
A personalised treatment combined with the power of the alpine plants.
- PRÉLUDE ALPIN 20MIN** € 75
Discovery treatment - A genuine Swiss wellness cure enhanced by the power of plants.

Body massage.

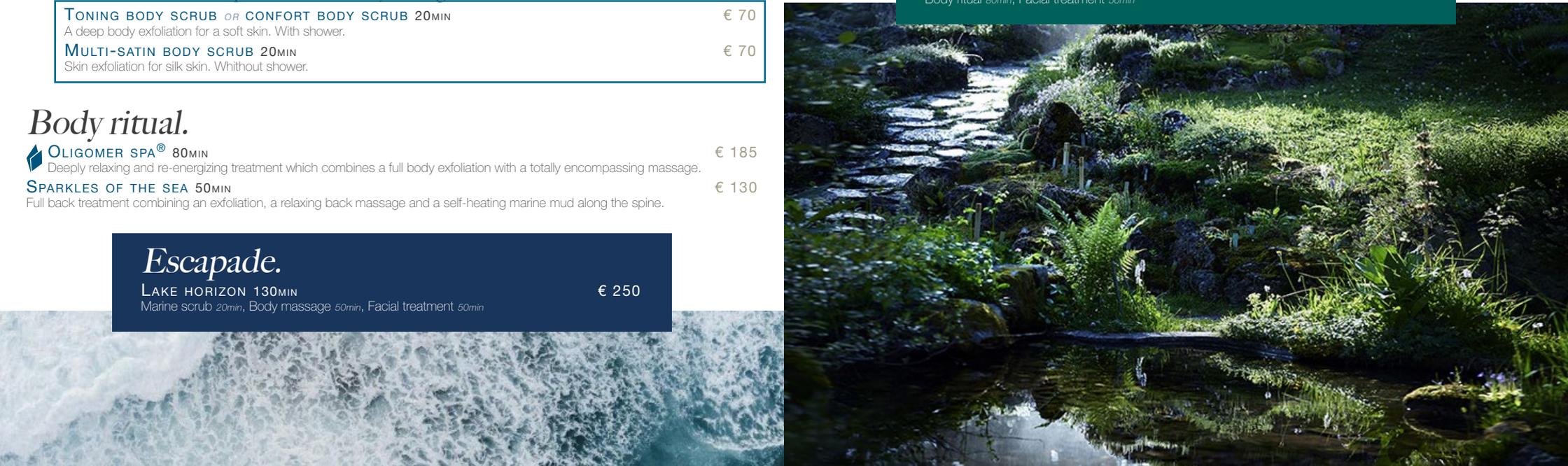
- ENTRE PICS ET MONTS 60MIN** € 160
Deep invigorating massage.

Body ritual.

- BALADE ALPINE 80MIN** € 195
«Cristaux des prairies» body scrub and «entre pics et monts» massage.

Escapade.

MOUNTAIN HORIZON 130MIN € 320
Body ritual 80min, Facial treatment 50min



Signature Massages.

AWAKENING OF THE SENSES 60MIN / 90MIN

An atmosphere, a music, a fragrance, a massage according to your wishes.

€ 160 € 200

MOM-TO-BE MASSAGE 50MIN

Specific enveloping massage suitable for pregnant women.
Available at different stages of pregnancy from the 4th month.

€ 130

Escapades.

ABSOLUTE ESCAPADE 1 JOUR  **UNLIMITED**

Body ritual 80min, Lunch at La Brasserie, Facial treatment 80min, Mocktail of our Chef Bartender.

€ 420

COCOONING ESCAPADE 1 JOUR  **1H**

Body massage 50min, Lunch at La Brasserie, Facial treatment 50min

€ 280

Cocooning Care.

SCALP AND FACE MASSAGE 20MIN

In addition to all the treatments offered on the menu.

€ 70

HANDS OR FEET 50MIN

Full treatment for a truly experience.

€ 85

As a complement to your Hand or foot treatment.

SEMI PERMANENT POLISH 30MIN

€ 45

SEMI PERMANENT REMOVAL 20MIN

€ 30

Gift Vouchers.

Our gift vouchers are available at Cristal Spa
or on our website cristalspa.fr

