



CRISTAL SPA

LA CLUSAZ



Cristal Spa.

Cristal Spa was created at the hotel Au Cœur du Village**** Relais & Châteaux in La Clusaz in December 2010. 2016 celebrates the arrival of the second spa in Annecy, at the iconic Imperial Palace**** hotel. The signature of Cristal Spa can only be summed up in a few words:

You are unique

By creating places that invite you to relax, to let go, by associating personalized attention, that is our philosophy. Our therapists trained to achieve the various treatments and massages, bring their knowledge for this moment to become exclusively yours.

The selection of the brands where we imagined the experience in these places was made with a particular reflection.

Alpeor and Cinq Mondes where the protocols are experienced in our cabins and our products are on sale by our advisers, who have been chosen to transform this moment into a unforgettable moment.

And for your immersion in the heart of this bubble of well-being to be total, access to the swimming pool, sauna and hammam is offered before your treatment.

Our Cristal Spas offer treatments in single and double rooms to give you the choice to live the experience alone or accompanied.

Happiness starts here...

Au Coeur du Village • La Clusaz

Nestled in the heart of the 5 star-hotel Au Coeur du Village Relais & Châteaux, Cristal Spa offers 450m² of well-being right in the center of La Clusaz.

From the moment you step inside, you will be seduced by the warm and woody atmosphere that matches the surrounding mountains.

Once you have pushed open the doors, the wellness area reveals itself, with its majestic relaxation pool bathed in large panoramic windows that immediately invite you to immerse and relax yourself. Here, the water comes in all its shapes, with countercurrent swimming, hydrojets and bubble baths.

Upstairs, the mezzanine overlooks the pool and becomes a space for relaxation, the ideal place to enjoy the view of the sky through the roof windows, all snuggled up comfortably in the sun loungers. Nature is so close, and so is relaxation...

The hammam in the shape of a starlit cave, embellished with stone crystals, invites you to continue this experience. It is a place where all your tensions melt away, thanks to the minerals that diffuse a pure and powerful energy and maintain the balance between mind and body. Unless you prefer the dry heat/warmth of our sauna...





The journey continues with the amazing experience of a beauty treatment or massage in the intimacy of the neighbouring massage rooms. Breathe in, breathe out, let go (give up)...






Facial Treatments.

-  **BALINESE FLOWERS 20MIN** € 75
Express radiance care inspired by balinese beauty rituals.
-  **5 BALINESE FLOWERS 50MIN** € 140
Moisturising and brightening global skin care with the combination of its five tropical flowers.
-  **KO BI DO REDENSIFICATION 50MIN** € 150
Personalized anti-aging facial that prevents signs of aging.
-  **REGENERATING KO BI DO ROYAL 50MIN** € 150
Global anti-aging facial treatment that acts in depth for an immediate natural lifting effect.
-  **KO BI DO GLOBAL ANTI-AGING TREATMENT 80MIN** € 200
Global anti-aging with lifting and plumping movements.

Massages.

-  **SCALP AND FACE MASSAGE 20MIN** € 75
20 minutes for a perfect relaxation.
-  **INDIAN AYURVEDIC 50MIN** € 140
A massage using an age-old Indian ritual to release muscular tension leaving you fully revitalized.
-  **SUBLIME POLYNESIAN 50MIN** € 140
Inspired by Lomi-Lomi massage for an immediate feeling of release from all your tensions.
-  **TRADITIONAL ORIENTAL 50MIN** € 140
An oriental inspired massage to relax and soothe the mind with slow and wrapping movements.

Scrubs.

-  **AROMATIC WITH SPICES 20MIN** € 75
A blend of sea salts and spices according to a ritual from Java to energize the skin leaving it radiant and smooth.
-  **SUBLIME WITH TAHITIAN MONOI 20MIN** € 75
A polynesian ritual using the noni fruit and Monoi from Tahiti. Ideal for sensitive skins.
-  **PAPAYA PURÉE 20MIN** € 75
A gentle exfoliating scrub according to a ritual from Siam using papaya and coconut to reveal your inner glow.

Rituals.

-  **AYURVEDIC 80MIN** € 195
Aromatic scrub with spices combined with the Indian ayurvedic massage.
-  **POLYNESIAN 80MIN** € 195
Sublime scrub with tahitian Monoi combined with the sublime polynesian massage.

Expert Facial Treatments.

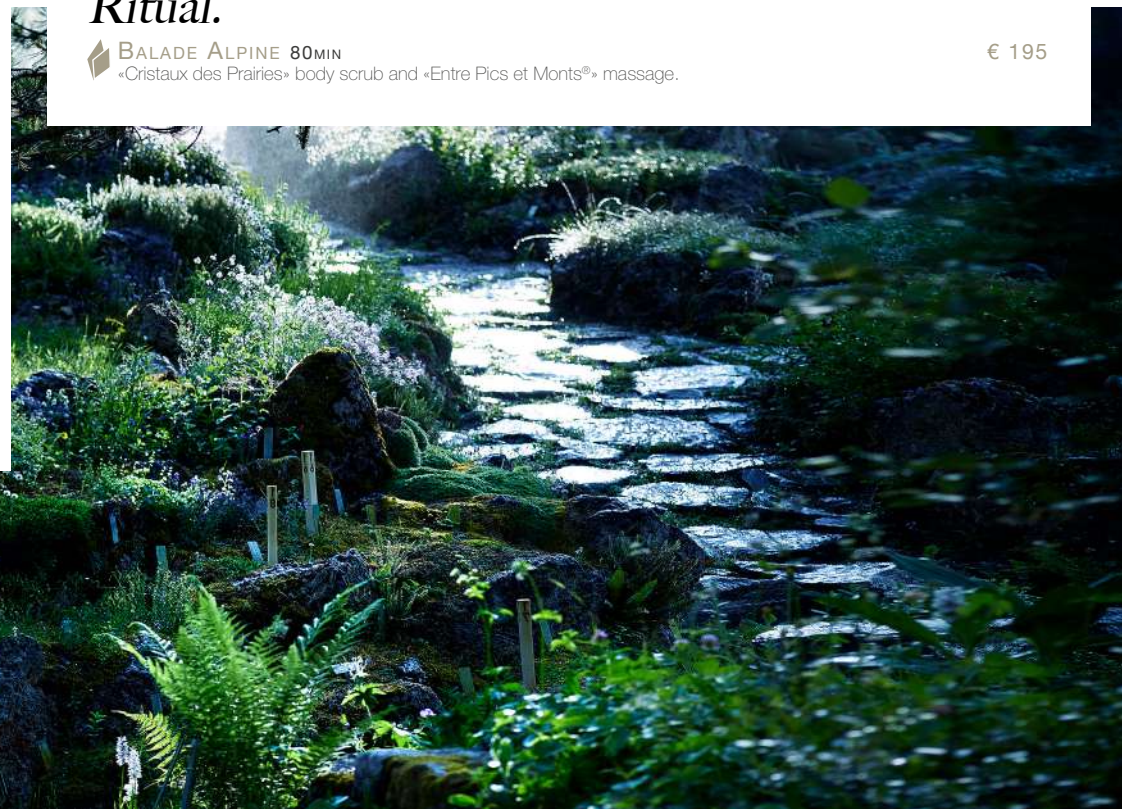
-  **PRÉLUDE ALPIN® 20MIN** € 75
Discovery treatment - A genuine Swiss wellness cure enhanced by the power of plants.
-  **PURE HARMONIE® 50MIN** € 140
Matifying and rebalancing treatment for a healthy and purified skin.
-  **RICHES MONTAGNES® 50MIN** € 140
Nourishing and replenishing treatment offering intense skin moisturizing.
- THE PERFECT MAN 50MIN** € 140
A personalised treatment combined with the power of the alpine plants.
- NEW SKIN TREATMENT 60MIN** € 160
Peeling, smoothing and oxygenating care for a perfect complexion.
-  **NEIGES ÉTERNELLES® 80MIN** € 200
Smoothing care for a toned and plumped skin with a radiant complexion.
-  **ULTICELL® PREMIUM ANTI-AGING TREATMENT 80MIN** € 200
Discover the perfection of a regenerating and firming treatment for a glowing youthful skin.

Massage.

-  **ENTRE PICS ET MONTS® 60MIN** € 160
Deep invigorating massage.

Ritual.

-  **BALADE ALPINE 80MIN** € 195
«Cristaux des Prairies» body scrub and «Entre Pics et Monts®» massage.





Massages Signatures.

AWAKENING OF THE SENSES 55MIN / 85MIN

An atmosphere, a music, a fragrance, a massage according to your wishes.
A smooth awakening with a drink served in your treatment room.

€ 160 € 200

 LA FOULÉE DES ALPES 60MIN
Dynamic and deep massage for absolute relaxation.

€ 160

Cocooning Care.

HANDS OR FEET 50MIN

Full treatment for a truly experience.

€ 85

ADDITIONAL BASIC NAIL POLISH 15MIN

€ 20

OR SEMI PERMANENT 30MIN

€ 45

Packages.

LAKE HORIZON 110MIN  60MIN

Papaya purée scrub, Relaxing massage
Cinq Mondes 5 balinese flowers facial treatment

€ 260

MOUNTAIN HORIZON 110MIN  60MIN

«Cristaux des Prairies» body scrub
«Gelée de Givre» body wrap or Light leg massage
Alpeor facial treatment 50min

€ 260

LONG STAY ESCAPADE 3 DAYS  60MIN/DAY

Body ritual 80min, Facial treatment 80min
Alpeor or Cinq Mondes according to your desires
Hand and foot cocooning care

€ 520

ABSOLUTE ESCAPADE 1 DAY  UNLIMITED

Cinq Mondes body ritual 80min, Lunch break,
Alpeor expert facial treatment 80min
Cocktail according to the inspiration of our Head Barman, Hand and foot cocooning care

€ 540

Gift Vouchers.

Our gift vouchers are available at Cristal Spa or on our website cristalspa.fr

RECOMMENDATIONS & INFORMATION

To enjoy your treatment to its fullest we invite you to arrive 10 minutes at least before your appointment.

For external customers we offer you the access to the wellness area 1 hour prior to your appointment when booking a treatment at the minimum price of € 140. A bathrobe, slippers and towels will be provided.

Any cancellation or amend to your booking must be made 24 hours prior or will be fully charged. Any delay in your arrival time will reduce the length of the treatment.

All our treatments are accessible to people over 16 years old. For teenagers aged 12 to 16, only 20-minute facial treatments are available.

Cristal Spa is a unique space of rest and relaxation. For the comfort and wellness of everybody please switch your phone to flight mode.

Access to the swimming pool is regulated for children residing at the hotel. To find out the times, please contact reception directly.

MEMBERSHIP

Cristal Spa creates for you membership adapted to your needs and wishes.
Our reception is at your disposal for further information.



AU COEUR DU VILLAGE
HOTEL · RESTAURANTS · SPA *****

Every day 10am to 8pm

Winter/Summer Season

26 montée du Château - 74220 La Clusaz
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cristalspa.fr

