





Located in Annecy on the ground floor of the emblematic Imperial Palace\*\*\*\* hotel, Cristal Spa proudly displays 600 m<sup>2</sup> with an immaculate and contemporary cocoon where the decoration is resolutely inspired by contrasts that nature offers.

The relaxation pool, a true architectural feat and the centrepiece of the wellness area, combines an all-glass design with jet streams and a waterfall.

You can choose to relax by the pool or join the experience shower for an extraordinary sensorial journey. Here, changing temperatures, varying jet stream intensities, shifting colours, and textured floors awaken your senses. Or, if you prefer, enjoy the dry heat of the sauna or the soothing benefits of the hammam, where two luminous lines wrapped around the ceiling evoke the shape of a DNA molecule. Athletes will also enjoy a fully glazed fitness area, outfitted with state-of-the-art Technogym equipment.

This haven of serenity is composed of 4 treatment rooms and a relaxation area with herbal tea and particularly cocooning.

Each room is named after a semi-precious stone, and its ceiling features reproductions of famous painters celebrating the beauty of women. At the reception area, The artistic atmosphere is further enhanced by Botticelli's triptych, "The Three Graces", which adorns the reception area.





## **PHYTOMER**

€130

€130



### Facial Treatments.

PIONEER YOUTH SUPREME TREATMENT 80 MIN  An exceptional global anti-ageing treatment. To restore your skin's freshness, youth and radiance. Begins with a warm trace element infusion on the back, followed by an expert facial massage for visible results and deep relaxation.	€170
OLIGOFORCE LUMINATION 60 MIN  An anti-ageing treatment that brightens your complexion, reduces spots, smooths wrinkles, and illuminates your skin.	€140
EXPERT TAILORED FACIAL TREATMENTS 50 MIN A personalised treatment tailored to your skin's needs: hydrating, soothing, or detoxifying.	€130
CYFOLIA ORGANIC 50 MIN  A beautiful radiance boost and deeply hydrated skin thanks to a refreshing massage and remarkably effective organic products.	€130
Fresh Skin for Men 50 min  A treatment dedicated to men. Tailored to your needs: hydrating, anti-ageing, soothing, or pollution-targeted.	€130
As a complement to your facial treatment.	
RELAXING BACK MASSAGE 15 MIN  Ultra-relaxing massage with self-heating marine mud applied along the spine.	€30
EYES PERFECTION 15min  A complete, effective, and relaxing eye treatment for youthful, sparkling eyes.	€30

## Body Massages.

D	Daywar Massac 50	6400
REVITALIZING AND	REMINERALIZING MASSAGE 50 MIN	€130
A full-body massage from	om toes to scalp. Instantly revitalizing and deeply rela	king.

CALIFORNIAN WAVE 50 MIN The perfect combination of broad, flowing movements paired with long, gentle strokes for total relaxation.

### WELLNESS TREASURE 50 MIN

A very fluid massage inspired by Ayurveda that invites deep relaxation. Gradually, energy flows again throughout the body

	Marine scrub as a complement to our body massage. ————————————————————————————————————	
П	Tonifying OB Comfort Body Scrub 20 min	€70
	Body exfoliation for an express beauty treatment that leaves your skin soft and silky. With shower.	
	Multi-Exfoliating Body Treatment 20 min	€70
	Body exfoliation for a quick beauty boost that leaves your skin silky smooth. No shower.	

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Multi-Exfoliating Body Treatment 20 min  Body exfoliation for a quick beauty boost that leaves your skin silky smooth. No shower.	€
Body Ritual.	
Body Ritual.  PLIGOMER SPA® 80 MIN   The exceptional ritual combining a scrub and full-body massage of your choice. Featuring OLIGOMER®, PHYTOMER's nowned active ingredient, known for its remineralizing and strengthening properties.	€1

Escapade. LAKE HORIZON 120 MIN €295 Marine scrub 20 min, Body massage 50 min, Facial treatment 50 min

### Facial Treatments

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ULTITUDE PREMIUM TREATMENT 80 MIN  An exceptional anti-ageing treatment with multiple benefits: smooths wrinkles, evens skin tone, and boosts firmness and elasticity. Visibly reverses signs of ageing.	€200
ETERNAL SNOW 80 MIN  Targets the first signs of ageing, smooths features, and leaves skin plumper, firmer, and more radiant.	€190
NEW SKIN TREATMENT 60 MIN  For a flawless, even, and radiant complexion. Thanks to a highly concentrated double exfoliation, pigmentation spots are reduced, and your skin's natural glow is restored.	€160
EXPERT TAILORED FACIAL TREATMENTS 50 MIN  A tailored treatment to meet your skin's specific needs: choose from multi-nourishing, deep hydration, or rebalancing. Lear skin healthy, refreshed, and glowing.	€140 ves your
THE PERFECT MAN 50 MIN The best of Alpine botanicals for a tailored men's treatment.	€140
ALPINE PRELUDE 20 MIN  Hydrated and radiant skin to discover the power of alpine plants.	€75
Body Massage.	
Entre Pics et Monts 60 min A customizable-intensity massage offering a truly delightful experience, designed to relax you with deeply soothing and enveloping movements.	€160
Body Ritual.	
BALADE ALPINE 80 MIN	€195

A unique treatment combining the effectiveness of the « Cristaux des prairies» body scrub with the relaxation of the «



# CRISTAL **SPA**

## Signature Massages.

AWAKENING OF THE SENSES 60 MIN / 90 MIN	€160	€200
Tailored Signature Cristal Spa Massage. A unique ambiance, music, scent, and holistic journey crafted according to your desires.		
Mom-to-be Massage 50 min		€130
Prenatal massage offers soon-to-be mothers a moment of well-being, available from the 4th month of pregnancy.		
POLYNESIAN LOMI-LOMI MASSAGE 50 MIN		€130
A massage inspired by Hawaiian philosophy, deep, enveloping, and relaxing. Let yourself be gently rocked		
to the rhythm of the waves.		

## Escapades.

Absolute Escapade 1 day 🌡 Unlimited	€420
Body ritual 80 min, Lunch at the hotel's restaurant, Facial treatment 80 min, Mocktail from our Chef Bartender, Unlimited access to the wellness area.	
COCOONING ESCAPADE 1 DAY 1H	€280

Body massage 50 min, Lunch at the hotel's restaurant, Facial treatment 50 min.

## Cocooning Care.

Scalp and face massage 20 min	€70
In addition to all the treatments offered on the menu.	
HANDS OR FEET 50 MIN	€85
Nail beauty and full comfort treatment.	

As a complement to your Hands or feet treatment.————————————————————————————————————	
1 2	645
SEMI-PERMANENT POLISH 30 MIN	€45
SEMI-PERMANENT REMOVAL 20 MIN	€30





### PHYTOMER - MADE IN BRETAGNE

Phytomer is the story of 3 generations passionate and motivated by the same dream, the transformation of the sea into care for the skin. This family home is deeply attached to its Breton roots and its exceptional biodiversity. All Phytomer products are developed in their own production and innovation centre in the Mont Saint-Michel bay from natural marine ingredients: organic, wild or cultivated in eco-responsible manners.

### ALPEOR - THE SWISS ALPS

Crafted exclusively in Switzerland, every Alpeor collection is developed with extreme scientific precision to ensure your skin benefits from the highest level of safety. Formulated to be gentle on the skin and free from contraindications. Nestled in a region of extraordinary natural purity and botanical richness, Alpeor is deeply committed to exploring the surrounding alpine plant world. By harnessing the remarkable properties of these rare plants, we deliver their powerful benefits directly to your skin.

### RECOMMENDATIONS & INFORMATION

#### CANCELLATION CONDITIONS

Any cancellation or modification must be made at least 24 hours before your appointment; otherwise, you wil be fully charged for your treatment. In the event of a delay, your treatment will be shortened and fully billed.

#### **ARRIVAL**

To fully benefit from your treatment, we invite you to arrive well in advance of your treatment so that you can complete your well-being questionnaire. For hotel guests, we ask you to come to the spa with the bathrobe and slippers provided in your room. For external customers, we are pleased to offer you access to the wellness area one hour before your treatment when booking a treatment of at least 50 minutes. A bathrobe, bath linen and slippers will be provided.

#### HEALTH

We kindly ask you to inform us in advance of any health problem, allergy, operation, etc., which could influence the treatment. All our treatments are accessible to people over 16 years old. Most of our facial treatments are suitable for pregnant women; contact us for more information.

#### **FACILITIES**

The wellness area is equipped with a relaxation pool with whirlpool baths as well as an ice fountain, an experience shower, a sauna, a hammam and a fitness room.

#### ACCESS

Cristal Spa is a place of well-being where calm and pleasure await you. For everyone's comfort and well-being, phones must remain on silent mode. Access to the swimming pool is regulated for children staying at the hotel. For more information on permitted hours, please contact the reception directly. Common areas require you to wear a swimsuit to access the sauna and hammam. If you forget, you can buy one at the spa reception. We invite you to arrive without valuables or personal items; the management declines all responsibility in the event of loss or theft. Smoking, eating, and alcohol consumption are not permitted inside the spa.

### MEMBERSHIPS

Oristal Spa creates for you a membership adapted to your needs and wishes. Our reception is at your disposal for further information



